2016 Year 8, 9 or 10’s
APPLICATION PACKAGE for
SPECIALIST SPORT COURSE
2016

Learning for Life

The main round of offers for 2016 positions have now been finalised. We will continue to accept applications in the event that we have further vacancies during 2016.

Contact Heather Lee on 08 8329 7230 or email Heather.Lee54@schools.sa.edu.au
Information for Prospective Athletes

The Specialist Sport Course at Wirreanda Secondary School has been established to assist talented student athletes to achieve at the highest levels of performance in their chosen sport and to help develop their educational, emotional and social wellbeing. The program also provides structures and processes to support students accessing a range of post-school options.

The aims of the Specialist Sport Course are to provide student athletes access to:

- Athlete development which enhances the individual’s ability to maximise performance using a holistic approach
- Development and actioning a clear Individual Athlete Plan with assistance from the SSC Coordinator, SSC Leader, Athlete Development Lead Teacher, Specialist Sport Course Team and additional support services
- Sport Science services, such as coaching analysis of their performance, sports injury courses and nutrition
- A range of state of the art and traditional training methods, strength and conditioning, psychology, recovery, prehabilitation and rehabilitation and sport specific skill development
- Work Experience and Career Education support and pathways planning
- Various professional facilities within the school environment and within local, state and national sporting communities
- A range of technologies to enhance and aid their individual athlete development

Students in the Specialist Sport Course at Wirreanda Secondary School will have the opportunity to:

- Complete appropriate coaching and officiating qualifications and courses
- Complete Certificate 2 In Sport and Recreation
- Complete their Senior First Aid Certificate
- Obtain units in Certificate 3 In Sport And Recreation
- Engage with successful state and national athletes, coaches and experts via workshops, skill sessions and online connections
Extensive support is provided through the Athlete Development Program to assist student athletes to balance their demanding schedules and achieve success at school, as well as in their personal and sporting lives.

**Criteria for selection**

The selection of students into the program is based upon their ability to meet the following criteria:

- Proven level of skill, commitment and/or performance in a training and/or competitive environment(s)
- Demonstrated positive and enthusiastic attitude to support their personal development
- Identified as having high potential for future development and growth as an athlete
- High level of coachability that enables the individual to seek, accept and act on a variety of feedback
- A positive record of playing by the rules and in the spirit of sport
- High level of ability to improve their skills and knowledge in all aspects of their schooling
- Capacity to provide a positive role model for others in their approach to learning, school rules and behaviour at all times
- Participation or willing to participate at a competitive level

**Conditions of the Enrolment:**

By accepting an offer for a position in the Wirreanda Secondary School Specialist Sport Course, a student must agree to the terms and conditions specified in the following ‘**Athlete Specialist Sport Course Expectations**’. 
Wirreanda Secondary School

Athlete Specialist Sport Course Expectations

● Demonstrate commitment to developing their own skills and knowledge as developing athletes
● Complete all required theory work and tasks and achieve a pass grade in subjects beyond SSC
● Be consistently organised with appropriate equipment for skills sessions, strength and conditioning, recovery and other training sessions
● Wear full SSC training uniform with appropriate footwear for practical lessons
● Be organised in all theory sessions including when electronic devices are required to be fully charged and used in sessions
● Continually strive to improve their skills and knowledge in all aspects of their schooling
● Be a positive role model for others in their approach to learning, school rules and behaviour
● Demonstrate leadership skills and be active participants in Sports Day (minimum of 3 events) and leadership and assistance at Year 8 Standards Day when required
● Be available to represent the school in their major sport(s) and other sporting events the school offers eg. Interschool Athletics, Knock-Out Sport (unless injured or state/ national commitments prevent this from happening)
● Abide by the spirit and rules of their sport(s) and behave in an exemplary manner when representing Wirreanda Secondary School
● Maintain a consistent effort rating in all subjects and be willing to work closely with learning support when needed
● Participate fully in SSC workshops, volunteer events and sporting exchanges/camps
● Model the values of Wirreanda Secondary School - Respect, Honesty, Responsibility, Achievement
● Continued failure to meet these expectations will result in removal from the SSC program

LEARNING FOR LIFE - Respect - Responsibility - Honesty - Achievement
Annual Fees:
As participation in Wirreanda Secondary School Specialist Sport Course is voluntary, not all costs are covered within the budget.

An annual fee is set by the Wirreanda Secondary School Governing Council and contributes to costs associated with the program, such as coaches, specialist equipment and uniforms, bus hire, excursions, guest speakers, workshops, state of the art technology, access to possible services such as physiotherapy, nutrition and sport psychology for targeted athletes.

Some excursions will incur additional costs, especially where accommodation and transport are required. Parents/Caregivers will be given advanced notice of major excursions to assist with planning and budgeting.

The Basic Specialist Sport Course fee is $190 per year which also includes a training top and shorts. This amount is reviewed annually and parents will be informed of any possible changes for 2016.
Application Process

1. Please complete the attached Specialist Sport Course Athlete Application. This application form can also be downloaded from the Wirreanda Secondary School Website at wirreandasecondary.sa.edu.au

2. If transferring from another school please attach photocopies of all school reports from 2015 (both semesters) or Semester 2 2015 and Semester 1 2016 (depending on when you apply). Current students at Wirreanda do not need to attach reports.

3. Remove pages 1-6 (Cover and Information Pages) before submitting application

4. Ask a coach/ PE Teacher who has coached your child for some time to complete the Confidential Reference pages 10 and 11 and for them to email it to Heather.Lee54@schools.sa.edu.au

5. 2016 Athlete Applicants may be submitted up to the start of Term 4 and then will be observed for 2017 program.

6. Selection trials: Applicants will be required to participate in selection trials with Wirreanda Secondary School Specialist Sports Course staff as scheduled by the Specialist Sport Course Office. Students will be advised in advance.

7. If successful after a review of information submitted and selection trials, a school-based interview may be organised if required. The interview usually involves the student with the SSC Coordinator or SSC Lead Teacher and if also requested with parent(s). Applicants and families will be notified of the outcome of the trials.

8. Reviews. Acceptance into the Specialist Sports Course does not lead to automatic placement in the following years. School and sporting progress are regularly reviewed throughout the year.
ATHLETE APPLICATION for 2016

(Please attach photo of applicant in top left hand corner of this form)

ATHLETE NAME: (Block letters)

Surname:                                                                 First Name:

SPORT(S): (list 2 in order of preference)  Current School:  Current Year Level:

Gender: MALE [ ] FEMALE [ ]  Date of Birth:  /  /

Height:  (cms)  Weight:  (Kg)

Athlete Street Address:

Suburb:  Postcode:

Home Phone:  Athlete Mobile:

Athlete Email:
Mother/Carer’s Name:

Street Address:

Suburb: Postcode:

Home/Work Phone: Mobile:

Email:

Father/Carer’s Name:

Street Address:

Suburb: Postcode:

Home/Work Phone: Mobile:

Email:

Emergency Contact Name:

Relationship to Athlete:

Home Phone: Work Phone: Mobile:

Preferred email for Sports Messages:

Preferred Mobile for SMS messages:

Signed: Parent/ Caregiver

Signed: Student Athlete

Date:
**Student Self Nomination**

*Student: Please complete this section with pen in your own writing*

Why you would like to be a Specialist Sport Course student at Wirreanda Secondary School?

Please explain how you would work toward your athlete/sport goals in the Specialist Sport Course at Wirreanda Secondary School:
Confidential Reference from Coach/ PE Teacher

(Page 11 and 12 to be emailed straight to SSC Office - Heather.Lee54@schools.sa.edu.au)

Name of Coach: ____________________________

Position Held: ____________________________

Contact No (office hours): ____________________________

Present Club / Training Venue: ____________________________

STUDENT-ATHLETE

Given Names: ____________________________

Last Name: ____________________________

Position within team: ____________________________

Strengths:

Areas for development:
Training Commitment:

Coachability:

Attitude/Sportsmanship:

Please email page 10 and 11 to Heather.Lee54@schools.sa.edu.au
CHECKLIST

➢ You have removed the first six pages of this document (cover and information pages).

➢ Student and parent/guardian have signed the Athlete Application

➢ You have given your current coach/PE teacher the Confidential Reference pages 10 and 11 of the package and asked him/her to complete then email to - Heather.Lee54@schools.sa.edu.au - please check they have done this for you.

➢ Student Self Nomination is handwritten by the applicant

➢ You have attached copies of school reports from 2015 Sem 1 and 2 or 2015 Sem 2 and 2016 Sem 1 with individual photo and pages 7 to 9 of the Athlete Application package

Completed applications should be returned to:

Heather Lee
Specialist Sport Course
Wirreanda Secondary School
105 Richards Drive
Morphett Vale
SA 5162

Phone: 08 8329 7230
Fax: 08 8329 7299
Email: Heather.Lee54@schools.sa.edu.au