

# APPLICATION SPECIALIST SPORT COURSE 2016



*Learning for Life*

**The main round of offers for 2016 positions have now been made.**

**We will still continue to accept applications in the event that we are able to offer a second round of limited vacancies during Term 3 2015.**

***Please phone Heather Lee on 08 8329 7230***

## **Information for Prospective Athletes**

The Specialist Sport Course at Wirreanda Secondary School has been established to assist talented student athletes to achieve at the highest levels of performance in their chosen sport and to help develop their educational, emotional and social wellbeing. The program also provides structures and processes to support students accessing a range of post-school options.

The aims of the Specialist Sport Course are to provide student athletes access to:

- Athlete development which enhances the individual's ability to maximise performance using a holistic approach
- Development and actioning a clear Individual Athlete Plan with assistance from the Senior Leader, Athlete Development Lead Teacher, Specialist Sport Course Team and additional support services
- Sport Science services, such as coaching analysis of their performance, sports injury courses and nutrition
- A range of state of the art and traditional training methods, strength and conditioning, psychology, recovery, prehabilitation and rehabilitation and sport specific skill development
- Work Experience and Career Education support and pathways planning
- Various professional facilities within the school environment and within local, state and national sporting communities
- A range of technologies to enhance and aid their individual athlete development

Students in the Specialist Sport Course at Wirreanda Secondary School will have the opportunity to:

- Complete appropriate coaching and officiating qualifications and courses
- Complete Certificate 2 In Sport and Recreation
- Complete their Senior First Aid Certificate
- Obtain units in Certificate 3 In Sport And Recreation
- Engage with successful state and national athletes, coaches and experts via workshops, skill sessions and online connections

## Wirreanda Secondary School Specialist Sport Course Application

Extensive support is provided through the Athlete Development Program to assist student athletes to balance their demanding schedules and achieve success at school, as well as in their personal and sporting lives.

### Criteria for selection

The selection of students into the program is based upon their ability to meet the following criteria:

- Proven level of skill, commitment and/or performance in a training and/or competitive environment(s)
- Demonstrated positive and enthusiastic attitude to support their personal development
- Identified as having high potential for future development and growth as an athlete
- High level of coachability that enables the individual to seek, accept and act on a variety of feedback
- A positive record of playing by the rules and in the spirit of sport
- High level of ability to improve their skills and knowledge in all aspects of their schooling
- Capacity to provide a positive role model for others in their approach to learning, school rules and behaviour at all times
- Participation or willing to participate at a competitive level

### Conditions of the Enrolment:

By accepting an offer for a position in the Wirreanda Secondary School Specialist Sport Course, a student must agree to the terms and conditions specified in the following '*Athlete Specialist Sport Course Expectations*'.

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***Wirreanda Secondary School  
Athlete Specialist Sport Course Expectations***

- Demonstrate commitment to developing their own skills and knowledge as developing athletes
- Complete all required theory work and tasks and achieve a pass grade in subjects beyond SSC
- Consistently organised with appropriate equipment for skills sessions, strength and conditioning, recovery and other training sessions
- Wear full SSC and school uniform with appropriate footwear
- Be organised in all theory sessions including when electronic devices are required to be fully charged and used in sessions
- Continually strive to improve their skills and knowledge in all aspects of their schooling
- Be a positive role model for others in their approach to learning, school rules and behaviour
- Demonstrate leadership skills and be active participants in Sports Day (minimum of 3 events) and leadership and assistance at Yr 8 Standards Day when required
- Be available to represent the school in their major sport(s) and other sporting events the school offers eg. Interschool Athletics, Knock-Out Sport (unless injured or state/ national commitments prevent this from happening)
- Abide by the spirit and rules of their sport(s) and behave in an exemplary manner when representing Wirreanda Secondary School
- Maintain a consistent effort rating in all subjects and be willing to work closely with learning support when needed
- Participate fully in SSC workshops, volunteer events and sporting exchanges/camps

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### **Annual Fees:**

As participation in Wirreanda Secondary School Specialist Sport Course is voluntary, not all costs are covered within the budget.

An annual fee is set by the Wirreanda Secondary School Governing Council and contributes to costs associated with the program, such as coaches, specialist equipment and uniforms, excursions, guest speakers, workshops, state of the art technology, access to possible services such as physiotherapy, nutrition and sport psychology for targeted athletes.

Some excursions will incur additional costs, especially where accommodation and transport are required. Parents/Caregivers will be given advanced notice of major excursions to assist with planning and budgeting.

**The Basic Specialist Sport Course fee is \$190 per year which also includes a training top. This amount is reviewed annually and parents will be informed of any possible changes for 2016.**

**Wirreanda Secondary School  
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## Application Process

1. Please complete the attached Specialist Sport Course **Athlete Application**. This application form can also be downloaded from the *Wirreanda Secondary School Website* at [wirreandasecondary.sa.edu.au](http://wirreandasecondary.sa.edu.au)
2. Attach photocopies of **school reports** from **Sem 2, 2014 and Sem 1 2015**.
3. Remove pages 1-6 (Cover and Information Pages) before submitting application
4. Ask a coach/ PE Teacher who has coached your child for some time to complete the **Confidential Reference pages 11 and 12** and for them to **email** it to [Heather.Lee54@schools.sa.edu.au](mailto:Heather.Lee54@schools.sa.edu.au)
5. Indicate on the **DECD Form ED176** (enrolment form from primary school) **Wirreanda Secondary School Specialist Sports Course as first choice** for your child.
6. Submit the Athlete Application by the **end of Term 3, 2015**
7. **Selection trials:** Applicants will be required to participate in selection trials (**Wednesday May 20th**) with Wirreanda Secondary School Specialist Sports Course staff as scheduled by the Specialist Sport Course Office. Please note: Applicants may be required to attend a further selection trial and/or interview if required.
8. If successful after a review of information submitted and selection trials, a **school-based interview** may be organised if required. The interview usually involves the student and parent(s), with the SSC Lead Teacher. Applicants and families will be notified of the outcome of the trials indicating if an interview is required.
9. **Reviews.** Acceptance into the Specialist Sports Course does not lead to automatic placement in the following years. School and sporting progress are **regularly reviewed throughout the year**.

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## ATHLETE APPLICATION

*(Please attach photo of applicant in top right hand corner of this form)*

**ATHLETE NAME: (Block letters)**

**Surname:**

**First Name:**

**SPORT(S):**

**Primary School:**

**Gender: MALE [ ] FEMALE [ ]**

**Date of Birth: / /**

**Height: (cms)**

**Weight: (Kg)**

**Street Address:**

**Suburb:**

**Postcode:**

**Home Phone:**

**Athlete Mobile:**

**Athlete Email:**

Mother/Carer's Name:

\_\_\_\_\_

Street Address:

\_\_\_\_\_

Suburb:

Postcode:

\_\_\_\_\_

Home/Work Phone:

Mobile:

\_\_\_\_\_

Email:

\_\_\_\_\_

Father/Carer's Name:

\_\_\_\_\_

Street Address:

\_\_\_\_\_

Suburb:

Postcode:

\_\_\_\_\_

Home/Work Phone:

Mobile:

\_\_\_\_\_

Email:

\_\_\_\_\_

Emergency Contact Name:

\_\_\_\_\_

Relationship to Athlete:

\_\_\_\_\_

Home Phone:  
Phone:

Work Phone:

Mobile:

\_\_\_\_\_



Preferred email for Sports Messages:

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Preferred Mobile for SMS messages:

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Signed:

Signed:

**Parent/ Caregiver**

**Student Athlete**

Date:

**Wirreanda Secondary School  
Specialist Sport Course Application**

**Student Self Nomination**

*\* Student: Please complete this section with pen in your own writing*

**Why you would like to be a Specialist Sport Course student at Wirreanda Secondary School?**

**Please explain how you would work toward your athlete/sport goals in the Specialist Sport Course at Wirreanda Secondary School:**

**Wirreanda Secondary School  
Specialist Sport Course Application**

## Confidential Reference from Coach/ PE Teacher

(Page 11 and 12 to be **emailed** straight to SSC Office - [Heather.Lee54@schools.sa.edu.au](mailto:Heather.Lee54@schools.sa.edu.au) )

Name of Coach:

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Position Held:

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Contact No (office hours):

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Present Club / Training Venue:

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### **STUDENT-ATHLETE**

Last Name:

Given Names:

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Position within team:

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**Strengths:**

**Areas for development:**

**Wirreanda Secondary School  
Specialist Sport Course Application**

**Training Commitment:**

**Coachability:**

**Attitude/Sportsmanship:**

*Please email page 11 and 12 to [Heather.Lee54@schools.sa.edu.au](mailto:Heather.Lee54@schools.sa.edu.au)*

**Wirreanda Secondary School  
Specialist Sport Course Application**

## **CHECKLIST**

- You have removed the first six pages of this document (cover and information pages).
- Student and parent/guardian have signed the Athlete Application
- You have given your current coach/PE teacher the Confidential Reference pages 11 and 12 of the package and asked him/her to complete it then forward to email address on the sheet - [Heather.Lee54@schools.sa.edu.au](mailto:Heather.Lee54@schools.sa.edu.au) - please check they have done this for you.
- Student Self Nomination is handwritten by the applicant
- You have attached copies of school reports from Sem 2 2014 and Sem 1 2015 with individual photo and pages 7 to 10 of the Athlete Application package

**Completed applications should be returned to:**

**Heather Lee  
Specialist Sport Course  
Wirreanda Secondary School  
105 Richards Drive  
Morphett Vale  
SA 5162**

**Phone: 08 8329 7230**

**Fax: 08 8329 7299**

**Email: [Heather.Lee54@schools.sa.edu.au](mailto:Heather.Lee54@schools.sa.edu.au)**