

# Wirreanda Secondary School Specialist Sports Course



**\*\*Please Note - Change of dates\*\***

**Applications for 2018  
close 19th May**

**SSC Trial Day  
Thursday 1st June**

**SPORT SPECIFIC COACHING  
STRENGTH & CONDITIONING  
TRAINING PRINCIPLES  
NUTRITION  
SPORT PSYCHOLOGY  
COACHING  
OFFICIATING TRAINING  
INDIVIDUAL ATHLETE PLANS  
STATE OF THE ART FACILITIES  
SCHOOL SPORT REPRESENTATION**

**Admission to the SSC program is through application only.**

**The application is available via our website:**

**<http://wirreandasecondary.sa.edu.au/sports-specialisation/how-to-apply/>**

For more information please contact Heather Lee

ph:08 8329 7230 email: [Heather.Lee54@schools.sa.edu.au](mailto:Heather.Lee54@schools.sa.edu.au)